



Your partner in infant & early childhood mental health consultation

For Families

*Have you struggled with or been puzzled by your child's behavior?
Has your child been in multiple early learning programs or been asked to leave a program?*

Healthy Minds Healthy Children Consultants support healthy development and promote school readiness by:

- nurturing a solid foundation in calming strategies, supporting new experiences and social skills that build future success and a love of learning
- offering support to build the partnership between parents/guardians and early childhood educators to support young children's healthy growth and development

What are the benefits of consultation?



Improves child's social skills and emotional regulation



Increases provider-family collaboration



Improves child-adult relationships



Reduces/prevents preschool suspensions and expulsions



Increases program quality



Reduces provider stress, burnout and turnover



How can I find a Healthy Minds Healthy Children Consultant?

If your child is under the age of five and attends a child care program (home-based, family, friend / neighbor care, or center-based), you can learn more about accessing FREE Healthy Minds Healthy Children consultation services by visiting the Healthy Minds Healthy Children website at healthymindswi.org.

Visit our website:



WISCONSIN ALLIANCE FOR
INFANT MENTAL HEALTH
— Early Relationships Matter —



Wisconsin Department of
Children and Families